



GROWING GARDENS

Seeds for Success

January—March 2015

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Need Seeds?

Growing Gardens provides seeds for 3 years after your garden is built.

- If this is your 1st year in the Home Gardens Program, you will get to select seeds at the Garden Planning Workshop.
- If this is your 2nd or 3rd year in the Home Gardens Program, you can come by the office to get your seeds or a volunteer will drop off seeds at your house sometime in March. If you can **volunteer to drop off seeds** to other gardeners that is very helpful!
- If you have graduated from the Home Gardens Program and need seeds this year, let us know in April and we can arrange a time for you to pick up seeds.

¿Necesita Semillas?

Growing Gardens proporciona semillas para 3 años después de la instalación del jardín.

- Si este es su primer año en el programa, podrás seleccionar las semillas durante el taller de la planeación del jardín.
- Si este es su segundo o tercer año en el programa, usted puede venir a la oficina para conseguir tus semillas o un voluntario se dejara las semillas en tu casa en algún momento en marzo. ¡Si puede ofrecerse como voluntarios para dejar las semillas a otros jardineros sería muy útil!
- Si te has graduado en el programa y necesitan semillas este año, déjenos saber en Abril y podemos organizar una hora para que lo recojan las semillas.

2014 Growing Gardens Highlights

Growing Gardens partnered with Janus Youth and Home Forward to create a new community garden at the Stevens Creek Crossing apartments in SW Portland. In 2014 with the help of volunteers we built over 40 in-ground and disabled accessible garden beds for people at their homes. We now partner with eight schools in three school districts to build a garden community and offer after school garden classes including Arleta, Kelly, Lent, Ockley Green, Chavez, Glenfair, Lynch Wood, and Davis.



Stevens Creek Crossing



Garden Building, Fall 2014

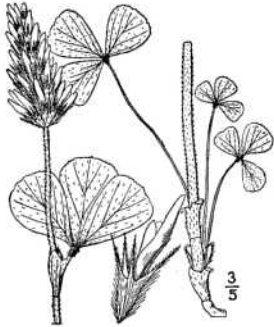


Garden club at Glenfair



In the Garden

Cover Crop



“I planted cover crop in the fall, what do I do with it now?”

When the soil dries out in the spring, you have a couple options. (To know if your soil is dry enough, squeeze a ball of soil in your hand, then drop on a hard surface. It should break apart.)

- ◇ Option 1: Pull out the cover crop plants and compost them. You're ready to plant! OR...
- ◇ Option 2: Chop up the plants with a shovel and turn them under the soil. Wait about three weeks before planting. OR...
- ◇ Option 3: Chop the plants off just above the soil level. Compost the tops and leave the roots in the soil. You're ready to plant!



Planting in March

Seed outdoor

- Arugula
- Asian greens
- Asparagus (crowns)
- Carrots
- Cilantro
- Garlic (cloves)
- Green Onion
- Mustard Greens
- Parsley
- Peas
- Potatoes (tubers)
- Spinach
- Swiss Chard
- Turnip (cover)



Starts

- Broccoli
- Cabbage
- Kale
- Lettuce
- Salad greens

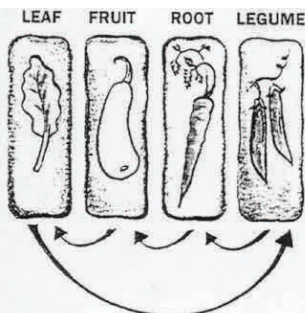
This information is from **Portland Nursery's Veggie Calendar**. Find it online at <http://portlandnursery.com/docs/veggies/VeggieCalendar.pdf>

How Crop Rotation Works

The idea is simply to divide your growing space into a number of distinct areas, identify the crops you want to grow and then keep plants of the same type together in one area. Every year the plants grown in each given area are changed, so that each group (with its own requirements, habits, pests and diseases) can have the advantage of new ground.

As a rule of thumb, crop rotation schemes tend to run for at least three or four years, as this is the number of years it takes for most soil-borne pests and diseases to decline to harmless levels. If your beds are divided into four groups, this means that members of each plant family won't occupy the same spot more than once in a four-year period. You may also wish to set aside a permanent bed for perennial vegetables which won't factor in your rotation plan (such as soft fruit, rhubarb, asparagus and globe artichoke).

The traditional advice recommends that you divide crops into four main groups as follows:



- **Legumes:** Bush, pole, snap, fava and dry beans, peas
- **Root vegetables:** radish, carrot, potato, onion, garlic, beet, rutabaga, sweet potato, shallots
- **Leafy greens:** spinach, chard, kale, cabbage, cauliflower, broccoli, spinach
- **Fruit-bearing:** tomato, corn, cucumber, squash, pumpkin, eggplant

This article is from **growVeg.com**. For more information on crop rotation visit <http://www.growveg.com/growguides/crop-rotation.aspx>.



El Jardín

Plantar en Marzo

Sembrar por Semilla en la Tierra

- Arugula
- Mostazas
- Espárragos
- Zanahorias
- Cilantro
- Ajo (por dientes)
- Cebollas Verdes
- Perejil
- Chicharos
- Papas
- Espinaca
- Acelgas
- Nabos



Trasplantar por Plantita

- Brócoli
- Repollo
- Col Rizada
- Lechugas
- Ensaladas



Esta información también ustedes pueden encontrar en el calendario de siembras de Growing Gardens. La dirección es:

<http://growing-gardens.org/wp-content/uploads/2013/03/TABLA-DE-SIEMBRAS.pdf>

Cultivos de Cobertura

Retire sus cultivos de cobertura en primavera. Cuando esté listo para sembrar su huerto en primavera, primero necesita retirar los cultivos de cobertura. Tiene dos opciones:

1) Corte las plantas con una pala y póngalas bajo el suelo, después espere 3 semanas antes de sembrar.

2) Corte las plantas justo por encima del nivel del suelo. Deje las raíces en la tierra y ponga la parte superior de las plantas en su pila de composta. Entonces puede sembrar de inmediato.



EL CALENDARIO

Para mas información se llama
Devin at 503-284-8420 x 105

Talleres de Growing Gardens

- Jueves, 5 de Febrero, 6-8pm—La Vermicultura
- Jueves, 12 de Febrero 6-8 pm—Las Abejas como polinizadoras
- Jueves, 19 de Febrero 6-8 pm—Planeación del Jardín y el método del pie cuadrado

(Estas talleres son gratis para participantes del programa. Por favor contáctenos si necesita interpretación o si quiere registrar para alguna fecha.)

Oportunidades para ser Voluntario con Growing Gardens

- Líder de instalación de jardines (Sábados en Abril y Mayo)
- Miembro del grupo de instalaciones (Un Sabado en Abril)
- Consejero Jardinero (Marzo—Octubre)

Para mas información contacta a Cristy Morales en:
cristy@growing-gardens.org

Otras Oportunidades en la Comunidad

- Los talleres de Siembra La Cena del Banco de Comida de Oregon necesitan instructores. Ofrecen un entrenamiento para personas interesadas en enseñar un serie de los clases de la agricultura a miembros de la comunidad. El entrenamiento y el serie de clases está en Español. ¡Esta es una gran oportunidad para jardineros en el programa de Growing Huertos!

La orientación para personas interesadas está en Abril. Para mas información contacte a Christine en:
Christine Hadekel, 971.230.1639
chadekel@oregonfoodbank.org
Garden Education and Training Coordinator
Oregon Food Bank



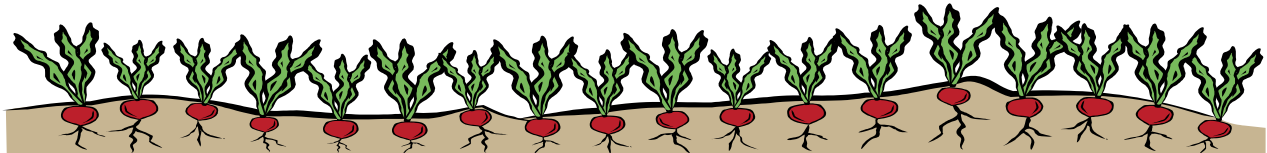
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CALENDAR OF EVENTS

For more information call 503-284-8420.

Learn & Grow Workshops

Thursday, February 12th 6-8pm—Local Bees for Local Produce
Thursday, February 19th 6-8pm—Square Foot Gardening
Thursday, March 12th 6-8pm—Worm Farming
(Learn & Grow workshops are free for Home Gardeners)

Growing Gardens' Volunteer Opportunities

- Garden Build Crew Leader (Saturdays April—May)
- Crew Member (One Saturdays in April)
- Garden Mentor (March—October)

Contact cristy@growing-gardens.org

Gardening Classes Around Town

Handmade Gardens

Saturday, February 21st—Year Round Harvest Course

LivingScape Nursery

Saturday, February 7 - Cool Season Vegetable Gardening

Saturday, February 21 - Seed Start Class

Saturday, February 21 - Raising Backyard Chickens

PDX Permaculture

Tuesday, February 3 - Grow Your Own Produce: Planning, Design, & Framework

Portland Fruit Tree Project

Sunday, February 15 - Winter Pruning Workshop

Saturday, February 21 - Espalier Pruning & Training

Sunday, February 22 - Pollinators Workshop