

Expand your Growing Space with Container Gardening

With a container garden you can grow anywhere! You can take advantage of a sunny location on a porch, you can expand your growing space beyond your in-ground area, you can try growing something in a new way.

To get started you will need a container with drain holes (free of toxic chemicals), potting soil (that both drains well and holds moisture) and either seeds or plant starts. Most vegetables need at least 6 hours of sunlight per day. Find a sunny location, but the best part about a container is that if its not too heavy you can move it. Be sure to check the moisture level daily because containers dry out more quickly than in-ground gardens. Fertilize your containers monthly, preferably with a balanced organic fertilizer. Try to grow vertically or companion planting techniques!

Your Growing Gardens' *Home Gardens Manual* is a great resource for container gardening, also worth reading are The Bountiful Container, Carrots Love Tomatoes, Gardening by Cuisine, and How to Grow More Vegetables Than You Ever Thought Possible on Less Land Than You Can Imagine.

The following chart from *Let's Get Growing in Containers*, presented by Lisa Taylor for Seattle Tilth suggests Vegetable and Herb Varieties for Containers.

Vegetable/Herb	Varieties or traits to look for	Minimum Container Size Needed
CUCUMBER	Any bush or semi-bush variety	Shallow, wide 3 - 5 gallon container
EDIBLE FLOWERS	Calendula, marigolds, petunias, nasturtium, pansies, alyssum and violas	8" deep or more
EGGPLANT	All kinds with smaller fruit	1 plant per 3 gallon container
GREENS	Kale, chard, lettuce, spinach, mustard greens, pac choi, radicchio and arugula	Window boxes or any container at least 8 inches deep
MELON	Look for compact or bush varieties	Shallow, wide 5 gallon container
ONIONS	All types	8"-10" deep or more
PEPPERS	Any sweet or hot pepper variety	1 plant per 3 gallon container
STRAWBERRIES	Any kind	Any container at least 8" deep
SUMMER SQUASH	Bush varieties	Large container 3 - 5 gallons
TOMATOES	Determinate or bush varieties and ones with fruit on the small side	1 plant per 5 gallon container
ANNUAL HERBS	Basil, cilantro, dill, chamomile, chervil, lemongrass and shiso	8"-10" deep or more
PERENNIAL HERBS	Rosemary, thyme, hyssop, sage, lavender, mint, oregano, marjoram, catnip and verbena	The larger the container, the better they will grow. Try a 5-10 gallon container planted with 3 different herbs to start.

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In the garden:
April & May

Calendar of Events

En el huerto

Request for Recipes



in the garden

Planting in April

Seed outdoor in APRIL

- Arugula
- Asian Greens
- Beets
- Broccoli
- Brussel Sprouts
- Cabbage
- Carrots
- Cauliflower
- Celery
- Chives
- Cilantro
- Dill
- Fennel
- Green Onions
- Jerusalem Artichoke (tuber)
- Kale
- Kohlrabi
- Lettuce
- Mache
- Parsley
- Peas
- Potatoes (tubers)
- Radish
- Scarlet runner beans 4/15
- Sorrel
- Spinach
- Swiss Chard
- Turnips

Transplant in APRIL

- Artichoke
- Broccoli
- Cabbage
- Cauliflower
- Kale

Planting in May

Seed outdoor in MAY

- Artichoke
- Arugula
- Basil 5/15
- Beans 5/15
- Beets
- Carrots
- Celery
- Cilantro
- Corn 5/15
- Cucumber 5/15
- Dill 5/15
- Lettuce
- Pumpkins 5/15
- Spinach
- Summer squash 5/15
- Winter squash 5/15

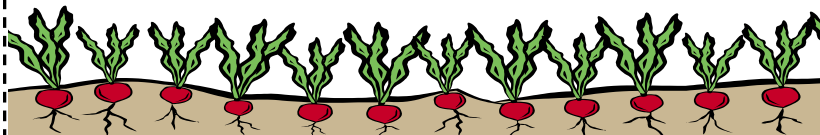
Transplant in MAY

- Artichoke
- Basil
- Beans
- Broccoli
- Cabbage
- Cauliflower
- Celery
- Collards
- Cucumbers
- Eggplant
- Kale
- Leeks
- Onions
- Parsley
- Peppers 5/15
- Squash (all)
- Swiss Chard
- Tomatoes 5/15

This information is from **Portland Nursery's Veggie Calendar**.

Find it online at :

<http://portlandnursery.com/docs/veggies/VeggieCalendar.pdf>



CALENDAR OF EVENTS

For more information call 503-284-8420

Plant Distribution Day

Saturday, May 16th

Trinity Lutheran

5520 NE Killingsworth St, Portland, OR 97218

Home Garden Program Participants

If your garden was built in 2013, 2014 or 2015 please come between 12pm – 2pm

We will have tomatoes, peppers, basil and tomatillos (plus a few more surprises).

If your garden was built before 2013 please come between 2pm – 4pm.

We would appreciate if past home garden participants would volunteer for an hour shift on Saturday between 2pm and 4pm.

Anyone can volunteer to help inventory plants on Friday or set-up and clean-up on Saturday.

For more information or to volunteer call 503-284-8420 or email

Lindsay@growing-gardens.org

Learn & Grow Workshops

*Free for Home Garden Participants
Call to register and for location.

Medicinal Weeds

Sunday, May 3rd, 2015

2:00pm – 4:00pm

Organic Pest & Disease Management

Thursday May 7th, 2015

6:00pm – 8:00pm

Soil Health and Water Conservation

Thursday May 28th, 2015

6:00pm – 8:00pm

Home Composting Essentials

Thursday June 18th, 2015

6:00pm – 8:00pm

Summer Planting for a Winter Harvest

Thursday June 25th, 2015

6:00pm – 8:00pm



En el huerto

Sembrar por semilla en ABRIL

Acedera
 Acelga suiza
 Alcachofa de Jerusalén
 Apio
 Betabel
 Brócoli
 Cebolla verde
 Chicharos
 Col
 Col de Bruselas
 Col chino
 Col rizada
 Coliflor
 Colirrábano
 Cebolleta
 Cilantro
 Eneldo
 Espinaca
 Hinojo
 Lechuga
 Mache
 Nabo
 Patatas
 Perejil
 Rábano
 Rúcula
 Zanahoria

Transplantar en ABRIL

Alcachofa
 Brócoli
 Col
 Col rizada
 Coliflor



Esta información también ustedes pueden encontrar en el calendario de siembras de Growing Gardens. La dirección es:
<http://growing-gardens.org/wp-content/uploads/2013/03/TABLA-DE-SIEMBRAS.pdf>

Sembrar por semilla en MAYO

Albahaca (5/15)
 Alcachofa
 Apio
 Betabel
 Calabaza de verano (5/15)
 Calabaza de invierno (5/15)
 Cilantro
 Ejote (5/15)
 Eneldo (5/15)
 Espinaca
 Lechuga
 Maíz (5/15)
 Pepino (5/15)
 Rúcula
 Zanahoria

Transplantar en MAYO

Acelga suiza
 Albahaca
 Alcachofa
 Apio
 Berenjena
 Brócoli
 Calabaza (todas)
 Cebolla
 Col
 Col rizada
 Coliflor
 Ejote
 Pepino
 Perejil
 Pimiento (5/15)
 Puerro
 Repollo
 Tomate (5/15)

EL CALENDARIO

Para más información se llama
 Devin at 503-284-8420 x 105



Distribución de Plantas

Sábado, 16 de Mayo
 Trinity Lutheran
 5520 NE Killingsworth St, Portland, OR 97218

Participantes del Programa de Huertos

Huertos construidos en 2013-2015, por favor lleguen a las 12-2pm. Va haber tomates, pimientos, albahaca y tomatillos (y otras sorpresas!)

Huertos construidos antes de 2013, por favor lleguen a las 2-4pm. Si se graduó de nuestro programa por favor considera ser voluntario este día! Entre las 2-4pm.

También necesitamos voluntarios el Viernes, 15 de Mayo para organizar las plantas o el Sábado para organizar y limpiar post-evento.

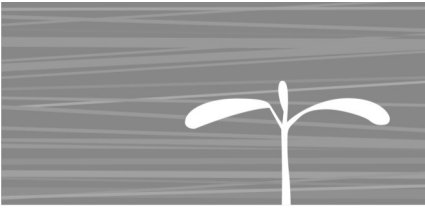
Favor de compartir sus recetas:

¿Tiene Ud. una receta preferida utilizando ingredientes de su jardín? Las dos próximas ediciones de "Semillas para el éxito" contendrán consejos de la cosecha y un recetario de los participantes de jardines familiares.

Favor de compartir sus recetas preferidas por correo electrónico a devin@growing-gardens.org o a

Growing Gardens
 2203 NE Oregon Street
 Portland, OR 97232

¡Gracias por su participación!



GROWING GARDENS

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Portland, OR 97232

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Share your recipes

Do you have a favorite recipe with ingredients from your garden? The next two issues of *Seeds for Success* will contain harvest tips and a recipe book from home garden participants.

Please share your favorite recipes by emailing or mailing them to Lindsay@growing-gardens.org or by mail at

Growing Gardens
Attn: Lindsay Brown
2203 NE Oregon Street
Portland, OR 97232

Thanks for sharing!